



Dear Volunteer:

We are pleased that you are considering volunteering at La Posada and/or Posada Life Community Services. We would like to work with you to develop an experience that will meet your volunteer goals and enrich your life.

The goal of the volunteer services program is to enhance our ability to accomplish our missions. Volunteers play a vital role. Our missions are:

**La Posada**

*Maximize the well-being and care of seniors*

**Posada Life Community Services**

*Offering life-enhancing programs to the Greater Green Valley community*

Adults and children benefit from the array of services we currently offer. Our volunteers make a difference with their smiles, stories, and life experiences. Special skills or talents, while always welcome, are not a requirement for volunteering. You will find that by being yourself you are already prepared for most of our varied volunteer assignments. We also have a formal volunteer orientation program; volunteers are supervised.

Volunteers contribute enormously to the well-being, comfort, care and happiness of all the children and adults in our programs – including our staff! In turn, we are convinced that you will be enriched by your contact with our clients, each of whom is a unique and interesting individual.

We hope you will join us as a volunteer and share your time and energy with us. You will be able to develop different skills, meet new people and have fun while serving the Green Valley community. If you have any questions or suggestions, please do not hesitate to contact us. We value and appreciate each of our volunteers for their dedicated service – and look forward to working with you.

Sincerely yours,

A handwritten signature in blue ink that reads "Lisa Israel".

Lisa Israel, President & CEO  
La Posada/Posada Life

A handwritten signature in black ink that reads "Bill McCreery".

Bill McCreery, Director  
Community Programs



## Volunteer Opportunities

### **Activities**

- Arts/Crafts
- Audio Visual/Photography
- Bingo
- Caring for Adults (Adult Day Services)
- Child Care ages 2-5 (Los Niños del Valle)
- Conventional Visits "Friend to Friend"
- Current Events
- Entertainer/Musician
- Escort Groups on Outings
- Exercise Leader
- Festive Parties
- Field Trips
- Foreign Language (conversation)
- Gardening
- Happy Hours Visit & Facilitate conversation (Assisted Living)
- Ladies Group Leader
- Letter Writing
- Library
- Men's Group Leader
- "Nails and Tales"
- Reading
- Reader's Theater
- Senior Lunch Program Set Up/Server
- Senior Lunch Program Pie Person
- Storytelling
- Victory Volunteers
- Walking Program

### **Clerical Support**

- Front Desk Receptionist (part time)
- Letter Writing
- Survey Summary
- Data Entry
- Mailing

### **Miscellaneous**

- Board membership
- Distributing Posters/Flyers
- Event Support
- Mailings
- Media Services
- Presentations: Educational  
Travel  
Collections
- Special and Fundraising Projects

### **The Shoppes at La Posada**

- Prepare Specialty Beverages
- Art Lounge and Exhibition Help
- Customer Service Vensel Treasure Shoppe
- "Back of the House" Vensel Treasure Shoppe

### **Contact:**

**Barbara Salazar**  
**Volunteer Manager**  
**La Posada at Park Centre, Inc.**  
**520-648-7999**