

The Resort Report

May 2018

La Posada at Park Centre

NUMBER 230

Arizona Beauties



Photos by Hu Bath, Marilyn Berard, Peg Robb and Boone Owens

Editor's Notes

All species of cacti seem to be blooming profusely this spring, and some of the photos of cacti by our La Posada photographers are displayed on our May cover.

We are happy to welcome back Natalie Barber. She was ill for several months and her last article was in the November issue. She is back in great form with a humorous article about birding.

Pat Cramer has written articles about the unique experiences of two residents. One, about an honor received from the South Korean government and the other about returning Indian remains, collected long ago and stored at a university, to the respective Indian tribes. Very different, but both have a place in our history.

For excitement, Virginia Crook's article about the scary, the odd and the ordinary work of La Posada pest control expert, Dean Smith, is a must read. There are more interesting articles, poems and wonderful photos.

The deadline to submit articles and photos for the July Resort Report is Friday, July 20th. We welcome contributions from all residents. Please send them to me via email at: apslagter51253@gmail.com, or to my cubby: L J 66.

Ann Slagter

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Wild Turkey



Gage, the La Joya Rabbit



Photos by Boone Owens



Cartoon by Don Berard

How Not to Bird

Yes, **bird** can be used as a verb, as in, “I like to bird in Madera Canyon.” You can always find avid birders birding in the Canyon. They check off each species they find on a list available there. For us, the general public, bird watching can be a guessing game, trying to quickly find a picture in our bird book that we think might resemble the bird we see flitting in and out of the trees. (But even experienced birders have a term **LBB**, which stands for little brown bird, when they can’t identify a species.) And we need to learn how to use binoculars correctly which takes practice. Birds are most active in the early morning. It’s best to bird then and remember not to talk, so as not to cause them to fly away. Sacrifice is involved in birding.

I have been on field trips with instructors that have such sharp vision and hearing that they can find a bird a half-mile away. They patiently set up their bird-watching

telescope and invite us beginners to take turns viewing whatever bird it happens to be, such as: “I have in the scope a **Spindle-tailed Fly-swatter**, a rare species since they usually can’t catch the fly they swat.”

Without a seasoned birder by my side, I can’t find the bird even if it is close by. The instructor or sharp-sensed classmate will try to be helpful when I keep asking, “Where is it? I can’t find it.” The conversation typically goes like this:

Birder: I can see a **Yellow-bellied Sacredly-catbird**. Look to the right. See that tall tree over there? To the left of the tree is a bush. The catbird is on the ground beside the bush. You can’t miss it.”

Me: “Which bush? I see more than one. The one closest to me?”

Birder: “Yes, it’s a small bush.”

Me: “The closest one is not a bush. It’s a shrub.”

Birder: “It doesn’t matter now. The bird just flew away.”

Me: “Oh, bah, humbug. The story of my life. Almost seeing the bird.”

I have heard that the following list of birds can be found close to the La Posada area, but don’t ask me since I am obviously not an authority:

The **Magnificent Obsession:** People come here from all over the world to see this spectacular species clothed in bright-colored glory.

The tiny, bashful **Chirplet**. I almost saw one on the La Posada campus several years ago.

The **Highway Racer** tries to catch cars, sort of like a dog chasing a bicycle.

The **Purple-rumped Cowbird**, which prefers perching on purple cows, a rarity here.

The **Pink-eye-catcher**

The **Bob-tail Catheter**

The **Stripe-winged Jailbird**, rare in these parts

The **Beer-barrel Blackbird**

The **Brazen Party-popper** that nests on La Vista balconies

Snowbirds: very prevalent in Green Valley especially in winter in Safeway parking lots.

Two bird species, known to mankind for millennia and mentioned in the Bible, can be found on the La Posada campus, even by me. They are considered by ornithologists as sort of dim-witted as far as birds go. One species lays its eggs on the ground. Duh! How stupid is that? So they have to lay lots of eggs in hopes that possibly one or two chicks might survive hungry predators. The other species builds messy, unsafe nests, usually in doorways above people’s heads. These birds say the same thing over and over, ad infinitum: “Who cooks for you?” I wish they would shut up. We at La Posada know who cooks for us!

Natalie Barber

Closing the Loop...More than a Century Later

You met Marilyn Schmidt in a recent profile in the New Resident biographies where she mentioned having a job at the University of Nebraska assisting in the repatriation of Native American remains. It is such an interesting and unusual effort that it has prompted more in-depth coverage here.

Marilyn was hired at the University of Nebraska after Congress passed the Native American Grave Protection and Repatriation Act (NAGPRA) in 1990. This legislation required any institutions in possession of Native American remains to return these to their tribes. Such caches existed in various places around the country as a result of people who had raided Native American burial grounds in the early 1900s. After a couple of generations the remains eventually found their way into the hands of museums and archeologists or anthropologists who were using these acquisitions for research purposes.

Nebraska's State Museum, located on the University grounds, possessed such a cache, so in 1993 the Vice Chancellor took on a very personal mission to comply with the new legislation. She decided upon a ceremonial approach and set up a project to make it happen. Marilyn was one of four employees dedicated to the task of accomplishing the return of the remains. First they had to locate everything in the storage areas of the State Museum. The team was pleased to find excellent documentation and records to assist in their search. Then they had to contact the 16 tribes for which they had catalogued remains and arrange to bring representatives to Nebraska. Members of these delegations were given airfare, accommodations, meals, and transportation. Participants would be coming from an area stretching from the Dakotas to Oklahoma to Montana. Nebraska itself had three tribes involved: the Poncas, the Winnebagos, and the Omahas, and of course, there was excellent representation from these local tribes.

The ceremony itself involved 12 attending tribes, some of whom chose to wear native tribal clothing. The Chancellor thanked all tribes for their patience in awaiting these returns, and each tribe gave a speech of acknowledgment and acceptance. "It was a really long ceremony," Marilyn says. Each tribe was given

a gift of a blanket, which was genuinely appreciated. Marilyn notes that there was extensive publicity in the Lincoln and Omaha press. She said, "For some of the tribes, this was an extremely meaningful process. I don't know how other states handled this NAGPRA law, but I think we as a University did something that showed integrity and was the right thing to do. It ultimately made the University look honorable."

Several months later, Marilyn and her husband Ed were traveling in northern Nebraska, and happened to pass through the area where the Poncas lived. They saw a sign about the returned remains and a large scaffold. This event had meant enough to the Ponca tribe that they built a symbolic scaffold in the manner in which they had handled native burials long ago: by placing a body atop a scaffold and letting it slowly return to nature. Luckily no actual bodies were involved now!

Many of us can point to unusual jobs, careers, or projects that have made up the tapestry of our lives, but this is certainly one of the more unusual ones!

Pat Cramer



Photos by Boone Owens

A Change is Coming to La Joya

These cute little pups represent a big change coming to La Joya. In keeping with research about the positive effect pets bring to humans, La Posada has decided to change an outdated policy and allow residents to bring their companion pets – both cats and dogs – with them when they move to La Joya. Cats have already been accepted, but not dogs. Several residents who should move to La Joya for one reason or another refuse to do so because they won't give up a beloved dog that is "family." Business details are being worked out concerning finances and arrangements needed to care for dogs. A dog park adjacent to La Joya is already under construction. Administration expects the whole program to be completed by late summer, and doors will open to welcome La Joya's first canine resident.

Ann Slagter



Cartoon by Don Berard

Poignant Remembrance and Recognition – 64 Years Later ...



La Posada resident Ken Oberstaller and his wife Sue had a memorable experience in 2014 when they visited Korea to participate in a program that thanks Korean War veterans for their contributions to preserving the safety of South Korea from North Korean aggression in the early 1950s. Although many veterans of that war have now passed away or are getting too elderly to travel, the Korean War Veterans Association Revisit Program still attempts to get as many as possible to attend ceremonies in Korea to honor their long ago efforts. Sue contacted a liaison of that association in Salt Lake City that culminated in their trip in June 2014 from Montana to Inchon and then Seoul, Korea. The Korean government paid a majority of Ken's airfare, a third of Sue's, and then covered all their expenses in the country. Several busloads of honorees and their companions (approximately 40 veterans) attended the various ceremonies, including a few children of veterans who are now deceased.

There were several significant parts of the visit:

- 1) A commemorative ceremony at the Seoul National Cemetery where Ken was selected to lay the wreath at the tomb of the Unknown Soldier (Korean nationality vets of their same age group also attended).
- 2) Review of the Troops, which took place with two men standing in each jeep while the flags of both countries were displayed and both national anthems were played. Ken says, "I got kind of emotional when the American flag was flying along with the Korean one and our anthem was played."
- 3) An Honor Ceremony at the Memorial for

Deceased Soldiers, a building with plaques carrying names of people from various UN countries that had troops who died on Korean soil. A cultural presentation there included 4-year old children dressed in pink (both boys and girls) who sang very sweetly. 4) A farewell dinner where Ken and Sue sat with a Korean officer who had actually fought in the war. At that dinner, Ken was presented with a beautiful medal and a framed proclamation entitled "Ambassador for Peace – Kenneth Walter Oberstaller" that said the following in both Korean and English: "It is a great honor and pleasure to express the everlasting gratitude of the republic of Korea and our people for the service you and your countrymen have performed in restoring and preserving our freedom and democracy. We cherish in our hearts the memory of your boundless sacrifices in helping us reestablish our Free Nation. In grateful recognition of your dedicated contributions, it is our privilege to proclaim you an "Ambassador for Peace" with every good wish from the people of the Republic of Korea. Let us reaffirm our mutual respect and friendship that they may endure for generations to come." That framed proclamation hangs proudly today in Ken and Sue's home. 5) A final dramatic visit to the DMZ at the 39th Parallel brought Ken and the other visitors within a few feet of North Korean soldiers who today guard that barrier. The visitors were told not to



Photos by Pat Cramer

make eye contact, gestures, or to speak to the North Koreans to avoid initiating a conflict. Although it seems the soldiers on the North Korean side felt free to taunt and posture!

Ken was an 18-year old Third Class Naval Plane Captain (mechanic) on the USS Valley Forge in 1950 when that ship happened to be the first one present at the beginning of the Korean War. His ship was on a goodwill tour in the Pacific, and was in Hong Kong when hostilities broke out, so they quickly repositioned off the coast of Korea. The ship was the only aircraft carrier in the Pacific at that time, and they maintained the battle for three months before additional ships arrived. Ken says, "We tried to confuse the enemy by launching planes on one side of the peninsula and then going around and launching from the other side as well. The North Koreans thought there was a much larger force there

than really existed." He continues, "We worked 23 hours a day on the flight deck, getting very little sleep and barely able to eat. I lost 65 pounds during that time." One of Ken's more unusual assignments was to retrieve any unexploded rockets that got hung up under the wings as a plane landed on the carrier. Ken had to grab them and throw them overboard -- aiming away from the ship! He proudly relates that the pilots in this squadron all had WWII experience before they could qualify to serve on the Valley Forge, so they were among the best of the best at the time. The ship never lost a pilot during his tenure aboard.

Ken and Sue say they were both overwhelmed by the expressions of gratitude from the typical Korean people on the street. Sixty-four years later, with a whole lifetime that has passed in between for Ken, this trip is truly a memory to treasure forever.

Pat Cramer

La Posada Scholarship Program

The scholarship program was created to provide financial assistance to all eligible La Posada employees who wish to pursue formal education or professional or personal development.

The scholarship program is entirely funded by voluntary tax-deductible contributions through the generosity of the La Posada residents.

Our residents recognize the importance of a good education and the financial pressures that are associated with paying for school.

The administration and the residents feel that the scholarship program is an important tool for recruiting, promoting, enhancing and keeping highly qualified employees.

In 2017, over \$133,000 was awarded to 89 individual La Posada employees!

The Annual Scholarship Fund Drive is underway and runs through the end of July. Your financial support keeps this program thriving. But your morale support and belief in the employees make the program successful. Thank you for your continued support of the employees of La Posada and this program.

Bill McNarie

2018 Hank Van Veen Scholarship Recipients



Our Newest US Citizens, Maria Arrieta and Francisco Castelo



Photos by Diana Cruz

Lizzie Gets Lost

Lizzie with his belly bright blue
Has many tough tasks all day through.
He must find food and stay warm, too
In degrees above sixty-two.

He peeps out from under a rock,
Climbs on top, begins to take stock.
He spies a juicy grasshopper,
Moves quickly to try and stop her.

But grasshopper takes a big leap.
Her life she's attempting to keep.
She hops right through an open door,
Landing on a hard, cold tile floor.

Our Lizzie stays tight on her trail,
But she eludes him, a sad tale.
For Lizzie is set for a treat
And looks for a cricket to eat.

But this is not his desert here.
Only these strange objects appear.
He scampers across the smooth floor,
Trying to backtrack to the door.

Then the air vibrates with a shriek!
A rocky shelter he must seek!
He just escapes a sweeping broom,
Darts 'neath a chair across the room.

A monster follows in his wake.
He wishes it was just a snake.
He can handle coyotes and snakes.
Even roadrunners. Heaven's sakes!

He runs speedily up the wall,
But the monster is very tall.
It reaches out, tries to grab him.
He wriggles free. It can't nab him.

He runs behind a large buffet.
His desert home seems far away!
But then his tongue senses fresh air.
With any luck it's over there.

Although it seems a fruitless cause
He grabs the tile with all his claws,
Scrambles full speed across the floor.
And then, at last, he's out the door.

He spies his rock, rushes under,
His heart beating loud as thunder!
Beneath the rock it's cool as night.
He soon forgets about his fright.

He ventures out into the sun.
A delicious odor greets his tongue.
Toward a juicy bug he does run.
A lizard's day is never done!

Carol Richardson

La Joya's Inhabitant Iguanas



Photos by Boone Owens

Golden Palo Verde



Photo by Anne Lynch

Imagination

Sometimes I imagine
 living across the border
 working in a facility like mine,
 cleaning apartments for a living.

I would do my best
 to speak Spanish as fluently as possible
 to my bosses and residents,
 since I learned that language
 for several years in school,
 but it would be such a relief—
 I can feel my shoulders relaxing now—
 as I speak to my cleaning partner,
 to express my thoughts and feelings
 in my native language.

Margaret Ann Adams

Random Act of Kindness

As I was waiting at the cash register
 a man tapped me on the shoulder
 to tell me my shoe was untied.

I looked down and I think
 we both were wondering how I would get up
 if I got down—
 he sized up the situation immediately
 and knelt down to tie it for me.

Margaret Ann Adams

Dean Smith to the Rescue!



Photo by Monte Crook

Only the birds and five men were witness to the debacle on the North side of the roof of La Vista that day. The men, suited in bee protection gear, climbed one at a time on the crane to the roof. Two had taped their leg cuffs completely closed. The other three ignored the cuffs since this job had been surveyed earlier, and should prove to be a routine piece of cake. Dean Smith, Shane Hartman, Doug Lilly, Rudy Coronado, and Leroy Martin had a preset plan to control the bees and collect the honey. Rudy and Doug prepared to make the cut into the empty apartment roof using the mini electric grinder. With the first drill, the inhabitants declared war on the intruders. Many valiant bees gave up their lives that day, covering the enemy completely and stinging the suits. Not to be intimidated, they also found loose leg entries on six legs, entered, stung, and died. Dean ran away as fast as possible to grab tape to seal cuffs. Visibility, almost non-existent due to the swarm, made the task difficult, as did the attacking bees. Also, escape from the roof could only occur one at a time down the lift. It took our faithful crew three days of persistence to control the swarm and retrieve the 50-70 pounds of honeycomb..., which occurred while they were under the influence of Benadryl to ease the pain inflicted during the first battle.

Tackling the bee population is just one of Dean Smith's responsibilities as the head of the pest control section. The bees swarm two or three times a season, depending on the weather. There have occurred anywhere from two, three, or four swarms a day on campus during their active months.

In November, Dean Smith, originally from Cotswolds, England, will have worked at La Posada for eleven years. His first job, sous chef at La Perla, lasted a year before his job title changed. Fortunately, his true love of entomology, and interest in creatures of all types, was discovered by the management, which, at the time, was interested in starting a section on pest control. Dean, already certified in one area of pest control, attended classes and received more knowledge and certificates needed in this area of expertise.

So whenever one spots a mouse in the house, is fighting pack rats or squirrels, can't tell the difference between a rattler or bull snake, smells a skunk, is fighting bat guano in one's patio, needs a swallow nest removed, finds a wounded bird, ...it's a call for Dean to come to the rescue. Assisting you sometimes becomes difficult due to the federal law. Javelina, swallows, and bats are a few of the protected species. Dean and his team have devised ways to eventually rid you of their future presence because the bats and swallows are seasonal, but the javelina rule their own domain and are untouchable.

Swallows and their nests produce messy problems on campus. While here, the birds do us a service by eating flying insects. The control method used is, once the swallows migrate away for the season, mud nests are removed and netting is set in place when practical, or mirrors, bird tape, and repellent sprays are used to encourage them to nest elsewhere upon their return.

Similar methods are used to control bats residing in residents' porches, as these mammals are seasonal also. Often residents confuse the droppings of bats and mice. Once residents know it's a bat, not mice, they're OK with it, and even enjoy having a bat controlling the insect population in that area.

Rodents present a problem because they can destroy wiring, irrigation lines, and people's plants. Controlling them using poison is not an option on campus since a poisoned rodent ingested by a bird could also kill the bird. Dean uses other methods.

It's rattler season. Dean will answer your call, capture the snake, and release it down river.

Although squirrels are pesky problems, this is their original habitat, and we are the intruders. Since this used to be a pecan grove, they continue to live here and dig to hide the prolific supply of nuts. There are non-poisonous sprays that deter them if you use it often enough around planters and openings to patios.

Mosquito season arrives with the monsoons. Dean uses tablets in standing water areas to help deter them, as does FICO in the groves. The county recently bladed the wash area by the back gate on both sides of the road in an attempt to help control standing water during July through September. Residents are encouraged to make sure their homes are clear of standing water during the season. Also, the citronella plant does deter their presence in outdoor seating areas.

Not only does Dean love his job, his compassion for an animal in distress has often been shown. He rescued a barn owl that had hit a patio door, resulting in a probable broken wing. He found sanctuary for it. But even more involved was the young Coopers Hawk rescue. The bird was flapping across the road and hit the fitness building. Dean chased him with a pool net, caught him and took him home in a box, transferred him to a collapsible dog kennel, then went out and bought him a steak. Because he was just a babe, Dean sliced the steak thinly and used tongs to transfer the meat to the hawk's mouth. Dean's wife intervened with a, "What are you doing? We can't keep him." Consequently, Dean found sanctuary acceptance with the provision that he deliver the bird to the recipient, who would meet him part way on the highway near Tubac. Naively, Dean put the young Coopers Hawk in a box that had air holes in it, sealed it and placed the box in the passenger's seat. The very angry bird pitched a fit and started in on the box. His sharp young talons found the holes. As Dean drove, the bird kept up its tantrum. Fortunately, a sweating Dean arrived at the rendezvous before the gaping hole in the box grew large enough to allow its captive to escape. The rescue couple met them and successfully transferred the angry bird to a more secure container. The sanctuary would raise him in an outdoor aviary until he healed and could fly successfully on his own. But instead of eating steak, he'd be fed road kill.

Don't light three cigarettes with one match, a warning to soldiers fighting at night, because by the

third one the enemy had a bead on the subjects and would take the last one out. Well, Dean now believes that if there are only two wasp nests side by side, not three, and you're gloved, standing on a ladder, have a bucket ready to catch the first nest once your other hand scrapes it off and slams the lid on, it should be a piece of cake to repeat the performance on the second nest. So he tried it. But one wily wasp from the second nest obviously had observed the neighboring nest being captured. So, while Dean was concentrating, left index finger pointing straight as he readied the can and the scraper, the wasp landed on his finger and stung him through his glove. Unlike bees, wasps don't die when they sting, and their sting hurts like the dickens. So Dean jumped off the ladder and ran as fast as he could. The wasp won the day, and Dean suffered another job-related injury.

Nothing really deters Dean from performing his best for all of us here at La Posada. He loves his job and respects all of his La Posada clients. Besides, no two days are the same, and when it's downtime from corralling creatures, he has cross-trained in plumbing, back flow and AC, so there's always work to be done.

Virginia Crook

**Shane Hartman and Dean Smith,
ready to take on the bees.**



Photo by Monte Crook

Gems



How often have you gone to the La Vista library for a particular book? Perhaps one that was recommended by a friend or reviewed in a magazine or newspaper. You know the author and title, but when you search you can't find it. First you check the Author and Title notebooks. Sure enough, it's listed, but it must be checked out by another resident. You could fill out a hold request and wait for it to be returned, but you came for a book and that's what you want to leave with.

That's where the new GEMS (Great Excellent Mind-blowing Stuff) bulletin board comes in! As you enter the library, to your left, you will find the bulletin board. This new addition is for residents to post titles and authors of books they want to recommend to others. There are forms located at the bottom of the bulletin board that you can fill out with the title, author and a three-line reason for recommendation. There is also space for your name and the date the form is posted. Recommendations should be only for those books that are in the La

Vista Library collection. Please indicate on the slip the location of the book (fiction, large-print, audio books, etc.) so that others may find the book quickly. Stickpins are available to place the form on the bulletin board. Please be sure to include the date, as the form will be posted for just one month.

We often become attached to a certain genre, or author, and wait patiently for the "next installment." And yet, other books are overlooked that are a perfect fit, just undiscovered. If you are recommending a book that is relatable to a popular series or author, you might want to indicate that on the form. As noted on the form, the GEMS bulletin board isn't limited to fiction. Non-fiction and biography referrals are most welcome. The La Vista library relies on our readers for input and suggestions and we look forward to your participation in this latest resource.

And please be sure to check out the new books and new acquisitions cart, as it changes almost daily. The new books circulate quickly and if it's not there one day, it may be the next. Here are a few of the new releases to look for: "The House of Broken Angels" by Luis Alberto Urrea, "The Tuscan Child", by Rhys Bowen and the non-fiction "Astrophysics for People in a Hurry", by Neil DeGrasse Tyson. Recently acquired GEMS are J.A. Jance's "Failure to Appear", Scott Anderson's "Lawrence in Arabia", and Linda Hogan's "Mean Spirit". No need to leave empty handed!

Barbara De Beer

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The Tale of Two Tabs

We were two friends who always split the bill. We each had two drinks and split a salad. We each ordered the steak to our desired level of "doneness", and shared a large baked potato. Then we shared a decadent desert. When the bill came we put down two credit cards. While \$108 was a shock for my half, the next day at the fast food restaurant that tab was sealed in my memory forever. The \$1.79 Chili special was discounted 90 cents and with a free senior soda (refillable), and including the tax, the bill was \$1.08, a factor of one hundred between two meals which were fifteen hours apart.

Larry Randall

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Total Items 2 0.99
 Tax 0.09

DINE IN Total 1.08

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Photos by Larry Randall

Anniversary Celebrations



Resident Council Highlights

Please note: Complete minutes of Resident Council meetings are posted in all libraries and video recordings of the meetings are shown on LP Channel 77.

APRIL

- Pat Graffweg (Treasurer), reported the balance in the Holiday Gift Fund in April is \$16,297.31.
- Environment/Traffic/Public Safety dealt with irrigation leaks, stop sign flashing lights, workers leaving lights on in homes being renovated, failure to stop at stop signs, speeding, and failure of golf carts to signal turns.
- Food and Dining Services is doing a survey of residents, and acknowledged long wait times when the kitchen is very busy.
- Living Well is holding a panel on Women's Heart Health, updating and revising trike cards, and is holding a walkabout during April.
- Lifestyles Committee reported on a trip to the PAC12 gymnastics competition and is exploring Bocce Ball as a potential activity.
- Hospitality has assigned mentors to new residents and had a successful Social in March.
- Technology committee identified 5 wireless printers, issues with "after hours" at the volunteer help desk, and looked into availability of technological publications.
- Legislation Committee monitors federal, state, county or city legislation that might impact the well being of La Posada residents and will monitor county and city legislation. La Posada management monitors federal and state legislation.
- Carol Richardson and Lois Brown were nominated and elected to serve on the nominating committee.
- Joan Kessel presented about Youth On Their Own (YOTO) and solicited help in writing notes of encouragement to the youth. There are approximately 1,600 youth in the program in Southern Arizona.
- Joni Condit reported on a favorable visit by ECRI, elevator equipment replacement in La Vista, wage resolution due to compression as the minimum wage increases, the annual audit

of finances, and encouraged residents to complete the satisfaction survey. The classic arts showcase is no longer offered on TV but can be streamed on computer.

MAY

- Pat Graffweg, Treasurer, reported the balance in the Holiday Gift Fund to be \$21,348.96. She asked people to consider donating early.
- Food and Dining Services asked that residents try to adhere to reservation deadlines.
- Living Well reported that the Visually-Impaired Group had a round table discussion, Dr. Patty held a Girl Talk session, Bocce Ball time is Weds. & Fridays at 8:00 a.m. and the Trike Team has created two additional holding areas for trikes.
- Technology Committee reported on "robo calls," large room presentations (need technology support), lack of landline alternatives, publications, and archives.
- Legislation Committee noted that Steve Christy is our county supervisor in District 4.
- John Bashaw was approved as a member of the Resident Council by motion and vote.
- Joni Condit reported that a much-needed market driven pay adjustment for Caregivers was given to retain staff, Christy Somner has joined the team in the Cul de Sac as the Clinical Manager, Michelle Cadena is replacing Brett Stosick as Fitness Trainer, the Laundry renovation is underway, and the radon kits placed in the Garden Homes have been collected and are being analyzed.
- Lisa Israel mentioned the performance by the Tucson Girls Chorus, Tea and Talk, the Management Business Meeting for residents, the resident satisfaction in the survey of 99.5%, the coming Annual Report, and La Posada's induction into the Sahuarita High School Hall of Fame.

Pat Cramer

Hummingbird at the Home of Marty and John Morris



Photos by John Morris

Gerry and David Appleton

La Perla 2125

*Photo by Nicole Raymond*

Gerry was born in Ely, NV and attended the University of Colorado where she met Dave, then married him in 1952. Dave was born in Santa Fe, NM and became an Electrical Engineer who worked for Westinghouse on Navy radar. Additionally, his career included: working for TRW on the Minuteman ICBM, doing Mission Planning in Houston on the Apollo Lunar Landing and Shuttle programs, and Group Manager of Bus. Planning and Bus. Analysis in LA, developing Earthquake and Asbestos Mitigation Programs.

Dave and Gerry raised two daughters. When they graduated, she earned her BS in Psychology (Research) from the University of Houston, and became Manager of Payroll/Benefits for Bridgestone Tire Company (USA) in LA.

They retired to Green Valley in 1991 and started volunteering: Gerry served two terms on the GVR Board of Directors and the Greater GV Community Foundation Allocation Committee. Both are Elders of Valley Presbyterian Church where Gerry served two terms as Chair of the Pastoral Committee, and member of both the Nominating and Finance Committees. She is a Stephen Minister. Dave acted as Project Manager for several VPC building additions, and has served with the SAV, the Greater GV Community Foundation, and a Chairman of the GV Fire District Board of Directors.

*Wera Clough***Fran Collins**

La Vista 319

*Photo by Nicole Raymond*

Fran was born in Illinois and grew up with her sister in Oak Park, near Chicago. She attended Loyola University receiving a B.S. in Education anticipating a teaching career. Fran married after college and taught first grade in Elmhurst for four years before her son and daughter came along. With time out required for raising children, Fran worked on her master's degree in Special Education to prepare for a longtime career of 30 years in the education field. Tom worked as an electrical engineer for companies such as Motorola and Argonne National Laboratory. Although careers kept them close to the city, Tom and Fran found a haven on Lake Redstone, Wisconsin in 1980, when they built a summer cabin near the Wisconsin Dells resort area.

Closer to the end of her career, Fran went into Administration and focused on training teachers and parent education. Divorced by this time, she moved to Sahuarita in 2005 after retiring because the lure of a warmer climate than Chicago was hard to resist. For several years she was a snowbird traveling between Arizona and Wisconsin.

Being single gave Fran freedom to travel extensively to places like India, Jamaica, Hawaii, Mexico, Europe (Scotland, Ireland, Spain, and Greece), as well as lots of travel in the United States. Her hobbies are photo-scrapping, writing memoirs and playing cards. She hopes that more travel will be on the horizon!

Pat Cramer

Jacque Heckman-James

La Vista 222

*Photo by Nicole Raymond*

Jacque was born in Oak Park, Illinois, but was raised with five siblings in other locales such as Peoria, Seattle and Kansas City, Missouri. Her father's sales job required lots of travel and Jacque remembers fondly, "We had so many wonderful trips when I was young!"

She attended the University of Illinois obtaining a B.A. in Political Science and Economics. Jacque had married during her sophomore year and taken law school classes but decided not to pursue that. Instead, she switched to social work, and while husband Frank did Program Management at the University of Chicago, Jacque worked at a black community center with a largely inter-racial staff. A wonderful memory is spending great evenings with friends listening to famous visiting black musicians "jam with the locals" after hours.

Ten years and three children later found Jacque achieving her M.S.W. at Washington University in St. Louis and working with participants of a rehab program. After remarriage to John, an optometrist, Jacque spent many years in Emporia, Kansas. She lost John to cancer but met Richard, a dentist who was a great companion until he passed away three years ago.

Jacque had discovered Green Valley through golfing friends, and after Richard was gone she enjoyed her home here playing bridge, socializing with neighbors and attending theater and CPAC performances. Today at La Posada, Jacque plays duplicate bridge, attends the Forum presentations, and likes the La Posada musicals.

*Pat Cramer***Steve and Nancy Hickman**

Garden Home 601

*Photo by Nicole Raymond*

Nancy and Steve were married in 2011 and made their home in Green Valley until moving to La Posada in December 2017. They share their enclosed patio as a craft space, Nancy having a potter's wheel and kiln, and Steve having a painting studio. Nancy grew up in Denver, Colorado and Steve in Cortez, Colorado. They reconnected 30+ years after having been friends in the Colorado State University outing club.

Nancy's passions are pottery and Spanish. She spent a year with the Peace Corps near Medellin, Colombia, then married and lived in Alaska. National Geographic magazine featured her story, "Alaskan Family Robinson" in 1973, about homesteading near Denali State Park. When her two sons were grown she left Alaska, spending a year in Mexico and then teaching Spanish in Ojai, California. Nancy's beautiful pottery has been displayed at the Green Valley West Center craft shows as well as Tubac Center of the Arts.

Steve graduated from Colorado State University and enjoyed a National Park Service career as a Visitor Protection and Search/Rescue Ranger at Yosemite and Rocky Mountain National Parks. He was also involved in federal law enforcement and park administration. He enjoys western, wildlife, and portrait painting in oils, and is passionate about fly-fishing. The Hickman's Garden Home is filled with their pottery and paintings and is shared with their dog, Heidi, and cat, Tulip!

Wera Clough

Bill Morris and Elaine Douglass

La Perla 2315

*Photo by Nicole Raymond*

Elaine lived in New Brunswick, New Jersey for 40 years, teaching Home Economics while raising a family, and then spent 20 years as a middle school counselor. After retirement, she spent many years sailing her boat along the East coast, the Chesapeake, New York Harbor, and Long Island Sound. She also sailed with friends in Turkey and Mexico.

Bill retired in 1980 as head of Systems Engineering at Ohio State and phased out his consulting business. He served a year as a Fulbright Lecturer in Kathmandu, Nepal, and made several treks in the Himalayas, including to Mt. Everest base camp. He then made his home in Tucson, studying Anthropology, flying, motorcycling, volunteering, and introduced early computers to several non-profits.

Elaine and Bill met on a Native American Elder hostel trip in 1999. After two years of cross-country commuting, Elaine moved to Tucson where Bill introduced her to the wonders of living in the desert. Elaine taught Bill to cook and ski and together they sailed the Virgin Islands and French Polynesia. They also did ocean cruising with favorite destinations being Italy and Japan. They are new to this area, and are currently on the list for Nakoma Sky, but may decide to remain here at La Posada instead, since there is still much to discover about Green Valley!

*Wera Clough***Lois Nicholson**

La Vista 258

*Photo by Nicole Raymond*

Lois Nicholson was born in Duluth, Minnesota. She met her husband, Donald, on a blind date and it was love at first sight. When Donald returned from the war, they were married and settled in Grand Forks, North Dakota where her husband worked for 30 years with Abbott Laboratories. They raised three children and when the kids started college Lois went to work for a bank where she stayed 15 years.

After retirement Lois and Donald moved to Florida where their daughter had settled with her family. After Donald passed away and Florida proved to be too humid, Lois moved back to Rochester and went to work for her son who owned two travel agencies. Lois would do the Familiarization trips, laying the groundwork for her son and daughter-in-law's arrival with their tour groups. Lois loved traveling and seeing the world. However, when her son retired in November, 2017 they all moved to Green Valley. Lois is now at La Vista and the children have a home nearby.

Lois was a golfer, but is now content to read, walk, cook and bake. She used to perform with Duluth's Children organization when young, so in Rochester she performed/entertained with a friend in Nursing Homes. She also volunteered at Mayo Clinic, spending six years in the Outpatient Radiation Dept. Lois is a member of Valley Presbyterian Church.

Wera Clough

Rose Salerno

La Vista 363

*Photo by Pat Cramer*

Rose was born in the Bronx and grew up in New Jersey where she worked in inventory management at a dress company. She met her husband, Joe, through mutual friends, and found out that he had grown up just a block away from the school she attended, although she had never met him while going there!

Joe settled into a long career in administration and management with several hospitals, the Singer Sewing Company, and Amoco/BP. Rose was raising three children during that time and now has four grandchildren and four great-grandchildren. Joe's work took the family from the East Coast to Chicago; he ended up taking early retirement for health reasons. Rose worked as a manager for a toy store while Joe stayed very busy with volunteer work, especially for hospice in Illinois as well as in Arizona after their move here.

The couple found Green Valley in 1999 through friends when they searched for a warmer climate than the chilly Midwest. As Green Valley residents, they both stayed extremely busy with church groups and its large Eucharistic ministry. Rose volunteered at the Community Center at La Posada for 14 years and still does so today. When she lost Joe in 2015, it triggered thoughts of living here at La Posada. Now she continues her volunteering at both Posada Community Center and Victory Volunteers.

*Pat Cramer***Judith Whipple**

La Vista 358

*Photo by Nicole Raymond*

Judith was born in Toledo, OH and raised in New York and Philadelphia. She attended high school in Rochester and graduated from the Cleveland Institute of Art with a painting major and printmaking minor.

Judith's career was in publishing as a book designer, writer, and editor. Not surprising, considering her parents' work: her mother was an art educator and father a newspaperman and advertising executive. After art school, Judith lived in Manhattan working for a company that insured clipper ships, where she crafted publications from its venerable archives. She then gave herself a Grand Tour seeing England, Spain, Morocco, Italy, Germany, Austria and Holland.

In 1960, Judith traveled west to San Francisco, via Santa Fe, and worked in book design for Sunset and others; produced reports for an environmental science company; assisted well-known columnist Herb Caen at The San Francisco Chronicle and was community relations director/media liaison for St. Francis Memorial Hospital.

Judith came to Green Valley in 1990, where her retired parents were devoted volunteers at Tucson Museum of Art and St. Francis in the Valley Episcopal Church. She retired after eight years with Tucson Newspapers' Mktg Department and started volunteering with the Amado Food Bank, Green Valley-Sahuarita Samaritans and tutoring ESL students. She has served St. Andrew's Children's Clinic for 15 years.

Pat Cramer

“Grand Day for Singing”



Photos by Bill Liebson

LA POSADA AT PARK CENTRE, GREEN VALLEY, AZ

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