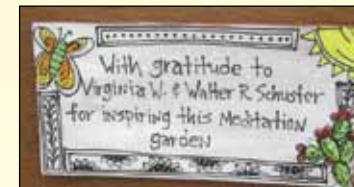


The Gardens of Central Park


La Posada™



Central Park began in 2005 when resident Walter Schuster said he loved La Posada so much he wanted to be here forever. He encouraged us to build columbarium niches where his ashes and those of his wife, Virginia, could remain. As we fulfilled that request, we thought hard about where a columbarium could be placed – not as the centerpiece of the campus, but as part of a larger, well-planned Central Park. After considerable thought, research and a survey of our residents, a master plan evolved. That attention to detail has paid off and today, as the gardens grow and mature, people are entranced by the beauty of the place without realizing that it all started with a La Posada resident who wanted to stay here in perpetuity. ~



OUR NORTHERN GARDENS

Bamboo Garden



"My favorite Central Park walk, all seasons, starts behind The Pavilion, best time early morn or dusk. I take one of several routes to Moon Flower, usually return by Zen Garden pools. Landscaping is tasteful, discreet, understated. I say to myself: La Posada cares a lot about the aesthetics of this place."

– Jim Robbins

What a surprise to find bamboo in the desert! Actually, this grass will flourish here, as evidenced by the success of our Bamboo Garden that was planted in early 2013.

In time, our Bamboo Garden will become the perfect northern border to the adjacent Japanese Garden. As the bamboo grows tall (20'-25'), it will screen the road and provide a quiet, secluded feeling to the space.

Bamboo comes in two forms - clumping and running. The clumping does not spread but the running definitely will. That is why we have it contained in beds that are lined with thick plastic sheeting that goes down two and a half feet. Our landscapers have had a learning curve with this unusual plant, but they have been helped by a resident's daughter who runs Bamboo Ranch in Tucson. 🌿



Japanese Garden

There are dual large gateways that proudly announce that the Japanese Garden, opened in 2012, lies ahead. Each sets the tone for what is to be encountered along the way.

The Bonsai House in the Japanese Garden is one of the signature landmarks in Central Park. The traditional curved roofline and red color attest to its Asian heritage and mark it as the anchor of the northern

gardens. Inside, six bonsai trees are tended to by residents and their bonsai master. Marvel at their size and shape from padded seats, in the shade under a fan. Just outside, rocking chairs provide a place to sit, listen to the gently cascading water fountain and contemplate the harmonious melodies of life. Some residents find it the perfect place to read a book. Follow the garden path to see lanterns, bridges, ducks and cranes. Time to go? If needed, there is a phone to call the tram for a pick-up. 🌿

Putting Garden

Between the Bamboo Garden and the Solar Garden is the putting green. It was relocated here in 2013 and completed the northern boundaries of the park.

The putting green was installed by Southwest Greens of Tucson, a leader in the artificial grass and artificial turf industry. It's been a beautiful, water-saving addition to Central Park.

Grab one of the putters and golf balls, rub Scottie, the Putter Boy's head for luck, and see how you do. But be careful to avoid the bunkers! When you've had enough, sit in the shade of one of the umbrellas and enjoy the lovely landscaping. 🌿



"Central Park is the perfect place to enjoy peace and quiet, sit somewhere and let the world and all of its troubles just roll by."

– Hank Van Veen



Solar Garden

What do you “harvest” in a Solar Garden? Power! The solar thermal garden provides water heated by solar power that flows into our indoor pool at The Pavilion across the parking lot. Walk towards the decorative water tank outside The Pavilion and



you will pass the informative panel that describes the solar process. Installed in 2012, this was Arizona's first solar thermal project. 🌿

Raised Bed Garden

Who wants to let a green thumb get rusty? Not our residents! So, why not create a small niche in Central Park where seasonal veggies can grow? The resident Environmental Committee discussed a variety of designs from basic to elaborate. Then, in 2013, settled on simple water troughs to function as the raised beds. Painted in colorful pastels, they work quite well. Add a ramada for shade plus some potting soil and water and, before you know it, you've got tomatoes, peppers, cucumbers and lettuce for a delicious, fresh salad. Bon Appétit! 🍷



OUR CENTRAL GARDENS

Meditation Garden

Dedicated in May 2009, the Meditation Garden was the first phase in the Central Park master plan. With considerable philanthropic support, this garden endeavors to touch the senses in many ways. The labyrinth, an à la Chartres design, provides a path for a meditative walk that leads to a harmonic wind harp at the center of the labyrinth. The wind harp, by Colorado sculptor Ross Barrable, plays a soothing chord when a gentle wind blows, comforting the spirit. The trees and colorful plants and flowers change with the season, reminding us that we are one with nature. The design establishes a comfortable setting for those who visit loved ones residing in the columbarium that surrounds this garden.



"I visit the park a lot. The columbarium, where I have my husband's ashes, is a place that is very peaceful and perfect for feeling close to him."
 - Joy Riley



A beacon on the west side of Central Park is "Moon Flower," our first public art project. In early 2013, a call went out for artists through the Tucson Pima Arts Council. After reviewing numerous proposals, we selected one by To'-Ree'-Nee' Wolf. She painstakingly installed individual iridescent tiles on the column. Off-site, the flower petals were constructed and equipped with LED lighting so that each night the flower acquires a lavender hue and performs its nightly experiment in levitation. Take a look the next evening you drive by the park. 🌸



Zen Garden

What is a Zen Garden? Based on traditional Japanese gardening techniques, zen gardens promote tranquility and contemplation. Ours is a dry zen garden that uses rocks and raked gravel to represent the natural movement of water. At one end of the zen garden is a small area with a rake so you can put your own design in the gravel. Have



Central Park is a place of beauty, tranquility and contemplation. It's a place to reflect on the past, present and future. More than this - it's also a place for events, activities and fellowship.
 - Allyn Knoche

fun! On one side of the raked gravel you will find golden goddess bamboo shading several benches. While you rest, consider the patterns in the gravel, and the additional columbarium niches, where a loved one may reside in peaceful solitude. 🌸

Prose Garden

The objective of the Prose Garden is to stimulate thought, memories and conversation in a relaxed setting. Stroll in front of the quote walls and remember reading the book that is quoted, think of the impact of the famous person's quote, or ponder the meaning of a quote you are seeing for the first time. As you walk, the stained glass minstrels will be your serenading companions. Tucson artist Genia Parker designed our stained glass window drummer and bagpipe player to complement the donated stained glass mandolin player in the center quote wall.



"Central Park is an oasis that stimulates both the mind and the senses including your sense of humor. The creative artwork and lovely setting promote tranquility and provide a beautiful space for reflection.."

- Patricia Greenig



When you want to sit a bit, just rest in one of the reading nooks. One is centered on "Windy," our inquisitive boy on the globe. The other nook is marked by a unique pen and ink sculpture by local artist Stephen Fairfield. This literary piece harkens back to a time before word processors and typewriters, when a fine fountain pen was the ultimate writing instrument.



Chess Garden

Completed early in 2015, the Chess Garden was designed to have a playful, whimsical feel. Oversized chess pieces and a warren of giant rabbits will challenge your sense of scale while also touching the inner child. Sitting in one of the rockers, you'll have the ideal venue to offer expert checkmate advice to the family members vying for supremacy on the 10' x 10' chess board. Under the ramada are two game tables perfect for a quick game of checkers, chess, or completing the Sunday New York Times crossword puzzle. 🐰



"Central Park is very special to me. It is quiet and beautiful. It is where I walk, remember and feel grateful. It is a healing place and peaceful."

– Jeanne Casey

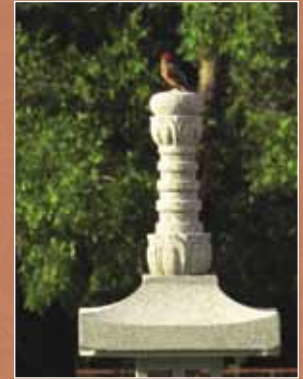




Center Stage

Coming Attraction!

We plan to open the next phase of Central Park in 2017. It will include a raised covered stage, large covered ramada to seat at least 125, audio speakers and a loop system, outdoor cooking venue, dining tables, catering staging area, storage, and bathroom. It will become a main gathering spot for memorial services, concerts, and picnic-like dining.



Probably the best way I can indicate why I enjoy the Park is with some of my photos. The Park provides a site for:


- 1. Spiritual rejuvenation.*
- 2. Solitude.*
- 3. Friends, new and old.*
- 4. A place for strolling or biking with friends (2 or 4 legged!).*
- 5. Beautiful photo opportunities in nature.*

I could go on, but this gives you an idea of my feelings for Central Park.

-Boone Owens

OUR SOUTH GARDENS

- To Complete Central Park

Still in the concept phase, we envision a four-seasons garden with appropriate sculptures and a way-finding clock tower. We also are planning for additional parking with a pleasing, non-intrusive design. 



In Appreciation

We are most grateful to all the contributors to Central Park who believe in our vision of an oasis that reaches out to the senses.

Their gifts are evident throughout the gardens and enhance the experience for all visitors. Thank you.


Posada Life
Foundation



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