



Help Us Make a Difference



Your Donation Envelope is Tucked Inside



Adult Day Services offers Intergenerational activities with the children from Los Niños del Valle Preschool.

Winter 2019 Inside this Issue:

- Honoring our Partners that Care Page 2
- We Need your Help..... Page 3
- Posada Life ProgramsPage 4

Our Parade Entry Took a First Place Trophy!



Your gifts have helped your friends, neighbors, and others in the community enjoy a better quality of life.

Every gift helps and we have you to thank for our success.

See Page 3

Posada Life Business Manager Claudia Ortega and the Posada Life Parade Team.

Concerts for a Better Community 2020



Your Support is Music to our Ears!

Concerts:

Feb. 8, 15, 22, 29

March 7, 14

Noon at Posada Java

Free admission

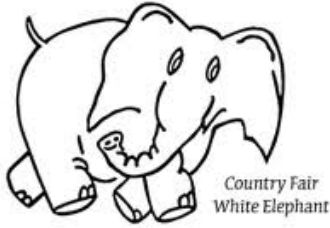
Donations support:

Posada Life

Adult Day Services.

Our ability to provide programs and services to the Green Valley community is strengthened by support from businesses, organizations, foundations and churches.

These are our Partners that Care



\$5,000 and More



FIRST THINGS FIRST
Ready for School. Set for Life.
aztf.gov

The Gordon Foundation



Green Valley News



\$1,000 to \$4,999

- Edward Jones / Skip Breither
- Greater Green Valley Community Foundation
- Homewatch Caregivers of Green Valley
- Kiwanis Club of Green Valley
- Lovitt & Touché
- Long Realty Cares Foundation
- Posada Java
- Patient Care Advocates
- Patio Sales Group of Green Valley Community Church
- Rotary Club of Green Valley
- St. Francis-in-the-Valley Episcopal Church
- Valley Presbyterian Church
- Walmart
- United Community Health Centers

\$500 to \$999

- Bill's Home Service
- Bud's Drapery Den
- CareMore
- CBIZ
- Davis Kitchens
- FICO/Green Valley Pecan
- Good Shepherd United Church of Christ
—Women's Fellowship
- Green Valley Arts & Crafts Association
- Green Valley Cooling & Heating
- Green Valley Rotary Foundation
- Lockton
- Mission Linen
- Native Gardens of Green Valley
- Ultimate Software
- W.F Stevens Financial Advisors
- Wells Fargo Advisors/Mark Morales



Help Posada Life Community Services deliver hope this season and in the coming year

Posada Life Community Services, formerly Casa Community Services, is a not-for-profit open to everyone.

We are asking for your help so that families and individuals can enjoy a better quality of life. Your financial support helps us provide critical health and human services to the Green Valley and Sahuarita communities, especially for those who are in need of financial assistance.

Many people tell us that they assume we do not need donations since we merged with La Posada. However, financial support from community organizations and individuals like yourself are needed to sustain our services.

Your donation will help provide Adult Day Care for a Green Valley neighbor with Alzheimer's disease plus the gift of much-needed respite for their caregiver; or an Early Childhood Education for a vulnerable preschooler whose single parent is struggling to make a living on minimum wage; and the opportunity for a senior to enjoy socialization and a healthy meal with friends at the Community Center.

It's only with help from donors like you that we are able to continue providing these critical services that help the adults and children of our community.

Would you please consider making a donation today? You can make a contribution using the enclosed envelope or online at: www.PosadaLife.org. Go to "Community Services" on the menu bar and then click the "support us" button.

Thank you,

Bill McCreery, Director Community Programs
bmccreery@casagv.org (520) 393-6815



**BELIEVE
THERE IS
GOOD IN
THE WORLD!**

Your gift is tax-deductible. Posada Life Community Services is a division of La Posada at Park Centre, Inc., a 501(c)(3) nonprofit organization as determined by the Internal Revenue Service.



Posada Life Community Services

A non-profit with services open to the public, connecting people to a better life through social interaction, education, and caring support.

625-2273

Adult Day Services is the only state-licensed adult day care in Green Valley. Staffed by health aides, activity specialists and licensed RNs. Participants enjoy companionship and meaningful activities throughout the day. We make living at home possible for people relying on a family caregiver and helping to improve the quality of life for both. Our services allow respite for caregivers. Caregiver support groups are open to everyone. **625-2273**



Los Niños del Valle prepares children (1-5 years) for lifelong learning through a high-quality early childhood education with experienced teachers. Our four-star intergenerational preschool is a great start to a child's promising future. **393-6823**

Posada Life Community Center is Green Valley's gathering place for everyone and offers a weekday lunch for folks 60+ for a small \$3 donation. The Center hosts games, entertainment, classes, and events. Day trips to exciting Arizona destinations means there's something for everyone. Sun Shuttle is available. **625-2273**

"Pete loves going to ADS and always returns home with fun stories. I know that he will be safe and well taken care of, giving me some time to take care of household chores and if I am lucky, a few minutes just for myself."
Barbara

"My son is so happy at Los Niños and looks forward to preschool. He says his teacher is his best friend, next to his cousin. He comes home with so much to tell me about his day."
Jane

Behavioral Health Services offers counseling in a comfortable setting with experienced, licensed counselors. Medicare is accepted. **625-2273**

Volunteer Opportunities help us deliver quality services and make friends too. **648-7999**

Tours are the first and third Thursdays of every month. Call for reservations. **393-6800**



780 S. Park Centre Ave., Green Valley, AZ 85614
posadalife.com





Posada Life Community Services

The strength of people. The power of community.

La Posada residents and longtime friends give back to the community together



Jean Cram and her best friend Ro Fitzpatrick

Friends for 48 years and currently La Posada neighbors, Jean Cram (left) and Ro Fitzpatrick who first met in Belmont, Mass., are busy making hand-made hats, scarves and other accessories for Posada Life Adult Day Services. On the wish list are lap robes, shawls, hats for everyone and decorative neckwear for women.

Using donated yarn, the friends knit and crochet for charity each year and donate hundreds of beautiful items to other nonprofits including the VA Hospital and Ronald McDonald House. Ro and Jean also are delighted to be making hats for the preschoolers at Los Niños del Valle.

Please Welcome Vicki Roy

Vicki is our new receptionist at Posada Life Community Services. She's stepping in for Stephanie Stewart who is now Activities Director for Adult Day Services. Vicki lives in Sahuarita with her husband, Tony. Say "hello" when you see her at the front desk.



FYI for 2020: Good News

A new series of educational programs entitled, "Aging Well" is starting the New Year off with a healthy beginning. The Aging Well series will cover a broad array of topics of interest to area seniors.

You can read about it and register in the first quarter of the 2020 issue of the Quips. The Quips, which in the past was mailed to all registrants in the Senior Lunch Program, will in the future **ONLY** be available by email or picking up a paper copy at the Community Center.

The new Quips will include Day Trips, the Aging Well schedule and current musical performances.

If you would like to receive your Quips by email, call **Ellen March at 520-393-6840** or email: **emarch@casagv.org**

You can also contact Senior Lunch Coordinator **Carla Castaneda at 520-393-6814** or by email: **ccastaneda@casagv.org**

If you would like a paper copy of the first quarter Quips, you may pick it up at the Community Center after Dec. 20, 2019.

Visit: www.posadalife.org



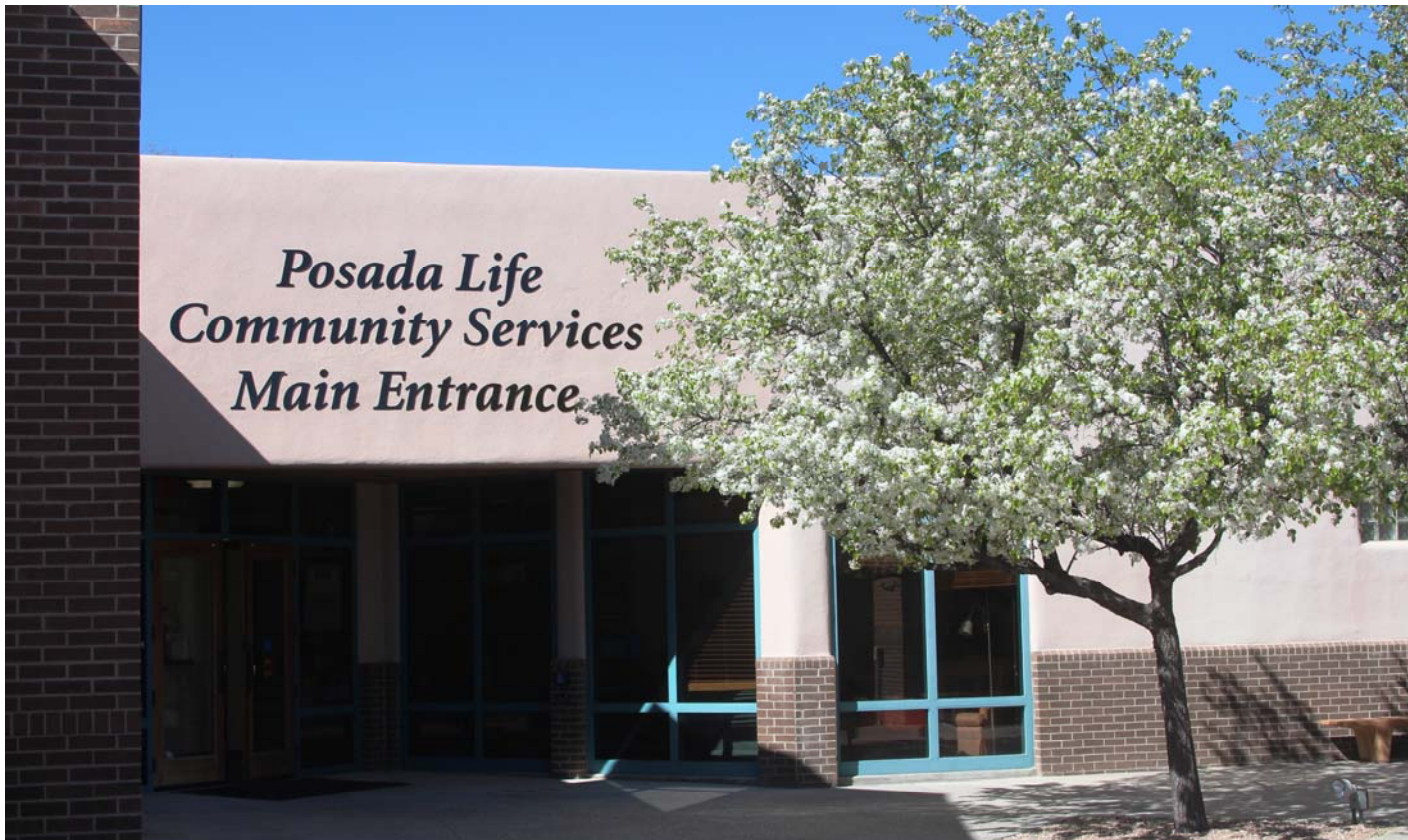
Visit: Brainsavers.com

Classes held at:
Posada Life
Community Center
Tuesdays & Fridays
9 am to 10 am
Classes begin Jan. 7

To register call:
520-625-2273



**780 S. Park Centre Ave.
Green Valley AZ 85614**



**Adult Day Services • Counseling • Community Center
Los Niños del Valle Preschool • Volunteer Opportunities**